

# PARENTING YOUR PARENT 101

## A Crash Course in Sanity

Moderated By: Jeanne Gormick

Director of Volunteers at OC Hospice



## Caring For Aging Relatives? Don't know where to turn?

This 3 week professional panel series will guide you and answer your many questions



**Call To Register:**  
**(714) 895-0800**

### Janis Adams

BSN, RN, Founder  
CareAssist Services

### Becky Cote

CA Lic. Professional Fiduciary  
California Professional Fiduciary Professional

### Leslie Gibola

OTR/L Owner  
Adapt 2 It

### Dee Vollendorf

Community Marketing Director  
Vivante Enhanced Living

### Patty Alexander

RCFE, CSA. Sr. Placement Coordinator  
Personalized Senior Placement

### Angella Conrard

Certified Reverse Mortgage Professional

### Nancy Giamo

Senior Move Specialist  
Changing Spaces

### Cheryl Walsh, Esq.

Attorney at Law  
Law Offices of Cheryl Walsh

### Marlene Bridges

REALTOR®, CRS®, SRES®  
Village Real Estate Services

### Bradley Erdosi, Esq.

Attorney at Law  
Law Offices of Bradley Erdosi

### Lyn Kennedy

CEO, Admin., Founder  
OC Hospice

### Anita Clark

Insurance Agent  
A. Clark Insurance

### Carol Freeborn

RN, BSN, CCM.  
Angel On My Shoulder

### Erin Kim

MSW  
OC Hospice

Tuesday, October 14<sup>th</sup>

6:30pm-8:30pm | Administration 224

## Medical and Safety

Tuesday, October 21<sup>st</sup>

6:30pm-8:30pm | Administration 224

## Legal and Financial

Tuesday, October 28<sup>th</sup>

6:30pm-8:30pm | Administration 224

## Stress Management

Provides answers to your concerns covering:

Lifestyle Changes

Impaired Driving

Clutter Control

Home Medical Options

Alzheimer's/Dementia

Home & Asset Protection

Medication Precautions

End of Life Decisions

Senior Health Insurance

Healthcare Directives

Caregiver Burnout

Restoring Mental Wellness

Effective Communication Tools

Where to Go to Get Help

Housing Options

Home Safety

Personal Hygiene

Financial Survival

Reverse Mortgages

VA Benefits

Estate Planning

Advanced Planning

Elder Abuse

Avoiding Fraud

*And Much More...*